

(i)
A DISCOURSE ON MĀLUKYAPUTTA SUTTA

CONTENTS

No.	Pages
1. Short Biography of the Venerable Mahāsī Sayādaw	1
2. Foreword to Third Edition	A
3. Introduction	1
<i>Appamatto</i>	2
<i>Ātāpi</i>	3
Four Right Exertions	4
<i>Pahitatto</i>	5
4. <i>Buddha's</i> Admonition	6
5. <i>VIPASSANĀ QUESTION I</i>	7
6. The Story Of <i>Anitthagandha Kumāra</i>	9
7. <i>Mālukyaputta's</i> Answer	12
8. A Brief Work-programme	16
9. The Stream Of Eye-consciousness	17
10. The Stream Of Ear-consciousness	19

(ii)	Pages
11. Seeing Abstract Reality	22
12. From Eye-door To Mind-door	23
13. The Birth Of Conceptual Knowledge	24
14. <i>Poṭṭhila Thera</i>	26
15. Seize The Right Moment	28
16. Answering A Critic	30
17. Meditating On Hearing, Etc.	35
18. Benefits Of Insight-knowledge	37
19. Inclination To <i>Nibbāna</i>	40
20. A Summary Of The <i>Sutta</i>	42
21. Failure To Meditate On <i>Rūpa</i> On Seeing	43
22. Meditating On <i>Rūpa</i> Brings <i>Nibbāna</i> Near	47
23. <i>VIPASSANĀ QUESTION II</i>	52
24. <i>Paññatti</i> And <i>Paramattha</i>	53
25. Failure To Meditate On <i>Sadda</i> On Hearing	56
26. <i>Nanda Thera</i>	56
27. Meditating On <i>Sadda</i> Brings <i>Nibbāna</i> Near ..	60
28. <i>VIPASSANĀ QUESTION III</i>	61
29. Failure To Meditate On <i>Gandha</i> On Smelling	62

(iii)	Pages
30. Meditating On <i>Gandah</i> Brings <i>Nibbāna</i> Near	64
31. <i>VIPASSANĀ QUESTION IV</i>	65
32. Failure To Meditate On <i>Rasa</i> On Tasting	66
33. Meditating On <i>Rasa</i> Brings <i>Nibbāna</i> Near	70
34. Realization Of The <i>Dhamma</i>	74
35. <i>VIPASSANĀ QUESTION V</i>	75
36. Why Mindfulness On Respiration Is Not Suggested	78
37. Meditation On Abdominal Movements Conforms To Canonical Instructions	80
38. Failure To Meditate On <i>Phassa</i> On Touching	82
39. Meditation On <i>Phassa</i> Brings <i>Nibbāna</i> Near	85
40. Negation Of Correct Method	87
41. <i>VIPASSANĀ QUESTION VI</i>	89
42. Failure To Meditate On Mind-object On Thinking	90
43. Epilogue	94