

Contents

| | | |
|----------------------------------------------------------------------------------------------------|-------|-----|
| 1. Thingyan | | 1 |
| 2. The Scripture Examination of Nayon | | 9 |
| 3. Military Parades of Pyatho | | 14 |
| 4. Appearances are Deceptive | | 18 |
| 5. The Buddha-Day | | 22 |
| 6. Some Moral Lessons That Can Be Learnt From History | | 27 |
| 7. Following in the Footsteps of Sri Dhammāsoka : The Thitagu International Buddhist Academy | | 32 |
| 8. The Eastern Star, Pubba-kyai | | 40 |
| 9. Some Endearing Aspects of our National Culture | | 46 |
| 10. Far From the Madding Crowd | | 53 |
| 11. Thadinygyut : the Festival of Lights | | 69 |
| 12. Wagaung : Food Offering By Casting Lot | | 73 |
| 13. Tazaungdine Festival | | 78 |
| 14. Nadaw Festival | | 83 |
| 15. Some Salient Aspects of the Myazedi Inscription in Bagan | | 89 |
| 16. Tempted : Drama in real life | | 94 |
| 17. A Day in the Life in a Myanmar Monastery | | 100 |
| 18. Tabaung Festival | | 113 |
| 19. The Harvest Festival of Tabodwe | | 118 |
| 20. Wazo : The Ordination Ceremony | | 122 |
| 21. Upcoming Festivals | | 128 |
| 22. A day in the life of a Myanmar Buddhist Nun (Thilashin) | | 131 |
| 23. Betel, Tobacco and Pickled Tea, Myanmar Gestures of Hospitality (2) | | 141 |