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Khin Hnin Yu, Myanmar's acclaimed novelist, was born in 1925 at Wakema, a prosperous farming town in the Ayeyarwaddy Delta. After Myanmar gained independence in 1948 she worked as the Prime Minister's assistant. She also began to write short stories and in 1954 she won the first prize at the Independence Day Literary Competition for a story named "Crown".

She began writing more while following her husband, who was then a lieutenant, all over the country on his various postings. Sometimes his duties called upon him to relocate to places far from the major cities. Alone at home during those periods, time was at her disposal and it was then that Khin Hnin Yu established herself as a professional and prolific writer; she published sixty-seven books, including more than forty novels and over a hundred of short stories. Eight of her best selling novels were made into box office hit movies.

English Professor U Myo Min once wrote that Khin Hnin Yu had been closely watching the drama of human life, not only from the front as a member of the audience, but also from the side as well as from the back. What she wrote about the things she had witnessed in the lives of people was published in a short story collection titled 'Reflections in the Mirror' (Kyemom Yeik Thwin) which in 1961 won the Sarpay Beikman Literary Prize, Myanmar's equivalent of the Booker Prize. In 1995 she was awarded the country's most prestigious National Literary Award for her novel 'Mya Kyar Hpyu.'

She passed away in 2003 at the age of 78 after a year of battling cancer. When she left this world, she took with her the merits she gained and her true companion, Vipassana meditation mentioned in her story 'Love Eternal', a Buddhist form of meditation that she practiced all her life; only her wonderful books are left for us.