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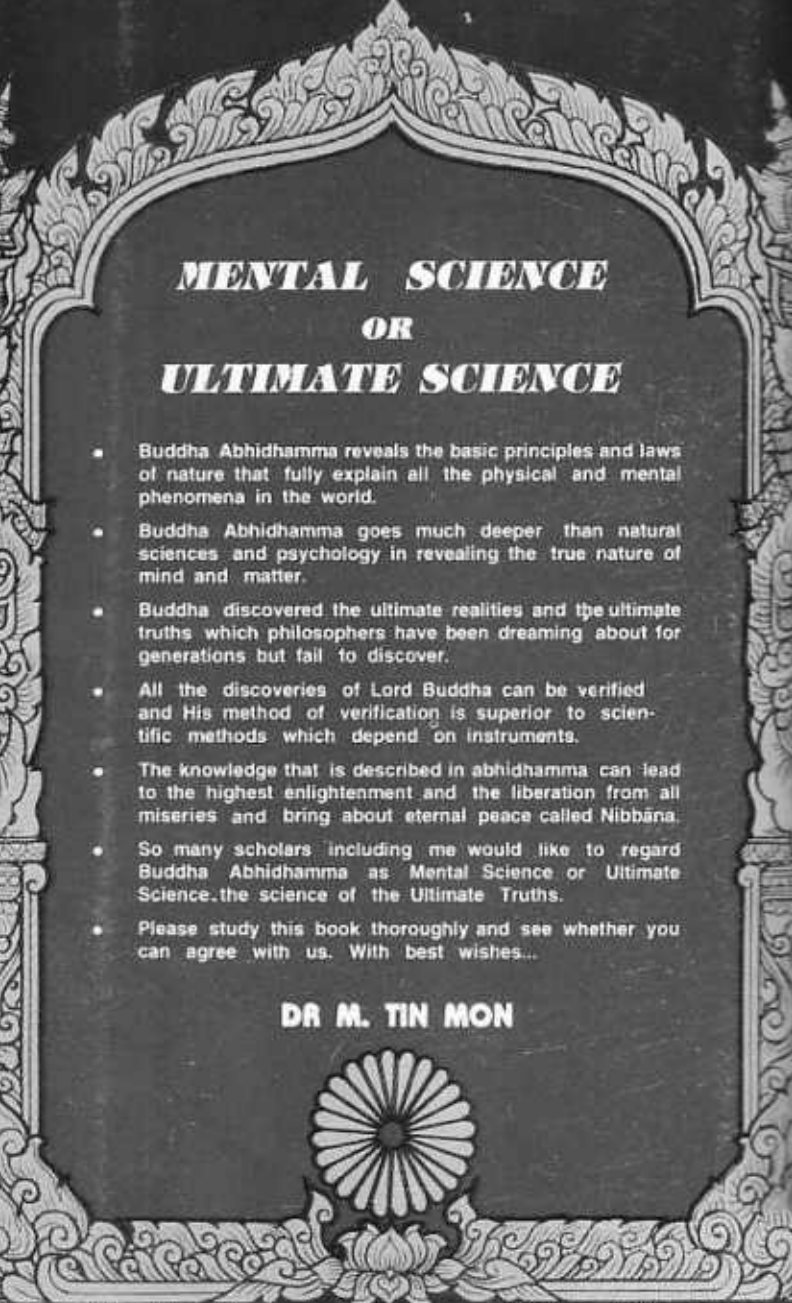
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MENTAL SCIENCE OR ULTIMATE SCIENCE

- Buddha Abhidhamma reveals the basic principles and laws of nature that fully explain all the physical and mental phenomena in the world.
Buddha Abhidhamma goes much deeper than natural sciences and psychology in revealing the true nature of mind and matter.
Buddha discovered the ultimate realities and the ultimate truths which philosophers have been dreaming about for generations but fail to discover.
All the discoveries of Lord Buddha can be verified and His method of verification is superior to scientific methods which depend on instruments.
The knowledge that is described in abhidhamma can lead to the highest enlightenment and the liberation from all miseries and bring about eternal peace called Nibbāna.
So many scholars including me would like to regard Buddha Abhidhamma as Mental Science or Ultimate Science, the science of the Ultimate Truths.
Please study this book thoroughly and see whether you can agree with us. With best wishes...

DR. M. TIN MON

