

CONTENTS

Bibliography ... xvii
List of Abbreviations Used ... xviii
Publisher's Foreword ... xix
Translator's Preface ... xxi
Introduction ... xxiii

PART I
VIRTUE

1. Purification of Virtue

CHAPTER I
DESCRIPTION OF VIRTUE

I. Introductory ... 1... 5
II. Virtue ... 16... 10
(i) WHAT IS VIRTUE? ... 16... 10
(ii) IN WHAT SENSE IS IT VIRTUE? ... 19... 11
(iii) WHAT ARE ITS CHARACTERISTIC, ETC.? ... 20... 11
(iv) WHAT ARE THE BENEFITS OF VIRTUE? ... 23... 12
(v) HOW MANY KINDS OF VIRTUE ARE THERE? ... 25... 14
1. Monad ... 26... 15
2-8. Dyads ... 26... 15
9-13. Triads ... 33... 17
14-17. Tetrads ... 39... 18
Virtue of the fourfold purification ... 42... 19
18-19. Pentads ... 131... 45
(vi) WHAT IS THE DEFILEING OF IT? (vii) WHAT IS THE CLEANSING OF IT? ... 143... 51

CHAPTER II
THE ASCETIC PRACTICES

Para. Page

58

PART II
CONCENTRATION

2. Purification of Consciousness

CHAPTER III
TAKING A MEDITATION SUBJECT

Concentration ... 1... 85
(i) WHAT IS CONCENTRATION? ... 2... 85
(ii) IN WHAT SENSE IS IT CONCENTRATION? ... 3... 85
(iii) WHAT ARE ITS CHARACTERISTIC, ETC.? ... 4... 85
(iv) HOW MANY KINDS OF CONCENTRATION ARE THERE? ... 5... 86
(v), (vi) WHAT ARE THE DEFILEING AND THE CLEANSING OF IT? ... 26... 90
(vii) HOW IS IT DEVELOPED? (note: this heading applies as far as Ch. XI, §110) ... 27... 90
Development in brief ... 27... 90
Development in detail (see note above) ... 29... 91
The ten impediments ... 29... 91
The good friend ... 57... 97
Meditation subjects, etc. ... 57... 97
Temperaments ... 74... 101
Definition of meditation subjects ... 103... 109
Self-dedication ... 123... 114
Ways of expounding ... 130... 116

CHAPTER IV
THE EARTH KASINA

The eighteen faults of a monastery ... 2... 118
The five factors of the resting-place ... 19... 121
The lesser impediments ... 20... 122
Detailed instructions for development ... 21... 122
The earth kasina ... 21... 122
The two kinds of concentration ... 32... 125
Guarding the sign ... 34... 125
The ten kinds of skill in absorption ... 42... 127
Balancing the effort ... 66... 133

Para. Page

CHAPTER XIII
OTHER DIRECT-KNOWLEDGES

(2) The divine ear element ... 1... 402
(3) Penetration of minds ... 8... 404
(4) Recollection of past life ... 13... 406
(5) The divine eye ... 72... 418
General ... 102... 425

PART III
UNDERSTANDING

The Soil in which Understanding Grows
(Chs. XIV through XVII)

CHAPTER XIV
THE AGGREGATES

A. Understanding ... 1... 435
(i) WHAT IS UNDERSTANDING? ... 2... 435
(ii) IN WHAT SENSE IS IT UNDERSTANDING? ... 3... 435
(iii) WHAT ARE ITS CHARACTERISTIC, ETC.? ... 7... 437
(iv) HOW MANY KINDS OF UNDERSTANDING ARE THERE? ... 8... 437
(v) HOW IS IT DEVELOPED? (ends with end of Ch. XXII) ... 32... 442
B. Description of the five aggregates ... 33... 443
The materiality aggregate ... 34... 443
The consciousness aggregate ... 81... 453
The feeling aggregate ... 125... 462
The perception aggregate ... 129... 464
The formations aggregate ... 131... 464
C. Classification of the aggregates ... 185... 477
D. Classes of knowledge of the aggregates ... 210... 482

CHAPTER XV
THE BASES AND ELEMENTS

A. Description of the bases ... 1... 487
B. Description of the elements ... 17... 491

Contents

Para. Page

CHAPTER XVI
THE FACULTIES AND TRUTHS

A. Description of the faculties ... 1... 497
B. Description of the truths ... 13... 500
1. The truth of suffering ... 32... 505
2. The truth of the origin of suffering ... 61... 513
3. The truth of the cessation of suffering ... 62... 513
Discussion of nibbana ... 67... 514
4. The truth of the way ... 75... 517
General ... 84... 518

CHAPTER XVII
THE SOIL OF UNDERSTANDING—CONCLUSION:
DEPENDENT ORIGINATION

A. Definition of dependent origination ... 1... 525
B. Exposition ... 25... 531
I. Preamble ... 25... 531
II. Brief exposition ... 27... 532
III. Detailed exposition ... 58... 539
(1) Ignorance ... 58... 539
(2) Formations ... 60... 540
The 24 conditions ... 66... 542
How ignorance is a condition for formations ... 101... 552
(3) Consciousness ... 120... 556
(4) Mentality-materiality ... 186... 572
(5) The sixfold base ... 203... 577
(6) Contact ... 220... 581
(7) Feeling ... 228... 583
(8) Craving ... 233... 583
(9) Clinging ... 239... 585
(10) Becoming (being) ... 249... 588
(11)-(12) Birth, etc. ... 270... 593
C. The Wheel of Becoming ... 273... 594
i. The Wheel ... 273... 594
ii. The three times ... 284... 596
iii. Cause and fruit ... 288... 597
iv. Various ... 299... 599

Contents

Para. Page

3. Purification of View

CHAPTER XVIII
PURIFICATION OF VIEW

I. Introductory ... 1... 605
II. Defining of mentality-materiality ... 3... 605
1. Definitions of mentality-materiality ... 3... 605
(1) Based on the four primaries ... 3... 605
(a) Starting with mentality ... 3... 605
(b) Starting with materiality ... 5... 606
(2) Based on the eighteen elements ... 9... 607
(3) Based on the twelve bases ... 12... 608
(4) Based on the five aggregates ... 13... 608
(5) Brief definition ... 14... 609
2. If the immaterial fails to become evident ... 15... 609
3. How the immaterial states become evident ... 18... 610
4. No being apart from mentality-materiality ... 24... 612
5. Interdependence of mentality and materiality ... 32... 614
Conclusion ... 37... 616

4. Purification by Overcoming Doubt

CHAPTER XIX
PURIFICATION BY OVERCOMING DOUBT

I. Introductory ... 1... 617
II. Ways of discerning cause and condition ... 2... 617
1. Neither created by a creator nor causeless ... 3... 617
2. Its occurrence is always due to conditions ... 5... 618
3. General and particular conditions ... 7... 618
4. Dependent origination in reverse order ... 11... 619
5. Dependent origination in direct order ... 12... 619
6. Kamma and kamma-result ... 13... 619
7. No doer apart from kamma and result ... 19... 622
III. Full-understanding of the known ... 21... 623

5. Purification By Knowledge and Vision of What Is and What Is Not the Path

CHAPTER XX
PURIFICATION BY KNOWLEDGE AND VISION OF WHAT IS AND WHAT IS NOT THE PATH

I. Introductory ... 1... 626
The three kinds of full-understanding ... 3... 626
II. Insight ... 6... 627
1. Comprehension by groups ... 6... 627
2. Strengthening of comprehension in forty ways ... 18... 631
3. Nine ways of sharpening the faculties ... 21... 634
4. Comprehension of the material ... 22... 634
(a) Kamma-born materiality ... 27... 635
(b) Consciousness-born materiality ... 30... 636
(c) Nutriment-born materiality ... 35... 637
(d) Temperature-born materiality ... 39... 638
5. Comprehension of the immaterial ... 43... 639
6. The material septad ... 45... 640
7. The immaterial septad ... 76... 648
8. The eighteen principal insights ... 89... 651
9. Knowledge of rise and fall—I ... 93... 652
The ten imperfections of insight ... 105... 656
Conclusion ... 130... 661

6. Purification By Knowledge and Vision of the Way

CHAPTER XXI
PURIFICATION BY KNOWLEDGE AND VISION OF THE WAY

I. Introductory ... 1... 662
II. Insight: the eight knowledges ... 3... 662
1. Knowledge of rise and fall—II ... 3... 662
2. Knowledge of dissolution ... 10... 663
3. Knowledge of appearance as terror ... 29... 668
4. Knowledge of danger ... 35... 670
5. Knowledge of dispassion ... 43... 673

Contents

Para. Page

6. Knowledge of desire for deliverance ... 45... 674
7. Knowledge of reflexion ... 47... 674
Discerning formations as void ... 53... 676
8. Knowledge of equanimity about formations ... 61... 678
The triple gateway to liberation ... 66... 680
The seven kinds of noble persons ... 74... 682
The last three knowledges are one ... 79... 683
Insight leading to emergence ... 83... 685
The twelve similes ... 90... 686
The difference in the noble path's factors, etc. ... 111... 689
9. Conformity knowledge ... 128... 692
Sutta references ... 135... 694

7. Purification By Knowledge and Vision

CHAPTER XXII
PURIFICATION BY KNOWLEDGE AND VISION

I. Change-of-lineage, paths and fruits ... 1... 696
II. The states associated with the path, etc. ... 32... 702
1. The 37 states partaking of enlightenment ... 33... 702
2. Emergence and coupling of the powers ... 44... 705
3. States to be abandoned ... 47... 707
4. Four functions in a single moment ... 92... 716
5. Four functions separately ... 104... 719
Conclusion ... 129... 725

The Benefits of Understanding

CHAPTER XXIII
THE BENEFITS IN DEVELOPING UNDERSTANDING

(vi) WHAT ARE THE BENEFITS IN DEVELOPING UNDERSTANDING? ... 1... 726
A. Removal of the defilements ... 2... 726
B. The taste of the noble fruit ... 3... 726
C. The attainment of cessation ... 16... 730
D. Worthiness to receive gifts ... 53... 738

CONCLUSION (EPILOGUE) ... 741

Contents

Para. Page

Notes ... 745
Index of Subjects and Proper Names ... 859
Pali-English Glossary of some Subjects and Technical Terms ... 884
Table I. The Materiality Aggregate ... 899
Table II. The Formations Aggregate ... 900
Table III. The Consciousness Aggregate ... 901
Table IV. The Combination of the Formations Aggregate and Consciousness Aggregate ... 903
Table V. The Cognitive Series in the occurrence of consciousness as presented in the Visuddhimagga and Commentaries ... 904
Table VI. Dependent Origination ... 905
About the Translator ... 907