

## Preface

On the full moon day of Tabaung, 2015, we will turn to the 75th page of the book of the life of Rector Sayadaw, as the Myanmar people titled him, or dr. Nandamālābhivaṃsa, the chief Sayadaw of Mahā Subodhāyon monastery.

On one of the life-pages of Sayadaw, we can read that he and five brothers, all monks, established Mahā Subodhāyon in Sagaing in 1959 with the aim of supporting the Buddha's Sāsana that is to exist up to 5000 years. Later, they established two more branches of this pariyatti monastery, in Monywa and in Than-lyin, to spread the pariyatti Sāsana further. The third missionary branch, the Institute for Dhamma Education, was founded in 2013 and Sayadaw teaches there people from Myanmar and abroad who wish to learn Dhamma.

Sayadaw loves literature and his hobby is to collect ancient palm leaf manuscripts. He is very good in giving speeches but also in writing. Since the precious moment that he took his pen and started to write, he wrote poems, articles, biographies, verses and eulogies. To preserve and revere this heritage, his elder pupils collected and printed two books on the occasion of his 75th birthday.

While doing missionary works, in Myanmar and abroad, Sayadaw teaches pariyatti. When giving Dhamma talks with his peaceful voice, he tunes into the needs and requests of the people.

The talks of Sayadaw are clear and notable, because he teaches the Dhamma in a modern way. People often come to Sayadaw and say how grateful they are as their views become right and their way of living life has changed for the better, because of the power of Sayadaw's Dhamma Talks.

Ashin Nandamāla serves as a religious worker to promote and propagate the Buddha's teaching. He has travelled the world to teach Dhamma. Since 2003, he gave yearly Abhidhamma courses in Europe.

In Myanmar, dr. Nandamālābhivaṃsa has given many Dhamma talks to Burmese and non-Burmese audiences for many years.

Sayadaw teaches Dhamma in a very individual, lively and practical way with many examples from daily life. His talks are filled with citations from the texts and commentaries of Suttanta and Abhidhamma. Sayadaw teaches with a lot of humour and loving kindness (mettā).

Dr. Nandamāla is the author of many books written in Myanmar language, Pāḷi and English.