

Preface

In 1994 I made a missionary tour to five countries: Thailand, Singapore, Sri Lanka, India and Nepal. On my arrival in Singapore, I was requested by the Myanmar *Dāyaka* and *Dāyika* (male and female donors) to deliver a discourse on the Buddha-dhamma. Accordingly, I got the opportunity to propagate the Teaching of Dependent Origination of the groups of existence as expounded by the late Mahā Thera Mogok Sayadaw.

This present Dhamma-booklet, firstly published in Myanmar language in 1999 by the arrangements of Ko Shwe Thuang Win and U Aung Din (Forestry), is really the result of my Dhamma-exposition during my missionary tour in Singapore. It may be regarded as a **Gift of Dhamma** to the *Dāyaka* and *Dayika* of Singapore as well as to all the Dhamma-friends throughout the world. I wish to express my sense of gratitude to Dr. Mehm Hla Aung Gyi, Ph.D for his translation into English.

With a view to promoting and propagating the Buddha Sāsana, a series of Dhamma-booklet, are being published by our Meditation Centre. Now, the booklet at your hands is the fifth one, but the first one in English version. May the readers be able to employ the Paths (*Maggāṅgas*)—the immortal medicine in Vipassanā practice for the attainment of Nibbāna—the immortality.

Bhaddanta Saddhamma Kittisāra
Mahā Kammaṭhānācariya

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