

NIBBĀNAPATISAMYUTTA KATHĀ

or

ON THE NATURE OF NIBBĀNA

NO.	CONTENTS	PAGE
1.	SHORT BIOGRAPHY OF THE VENERABLE MAHASĪ SAYADAW	(I)
2.	FOREWORD TO FIRST EDITION	A
3.	FOREWORD TO THIRD EDITION	G
4.	Introduction	1
5.	What is Nibbāna?	4
6.	Ratana Sutta Paritta	8
7.	Calling a Halt to Kamma-actions	10
	Purity of Mind	11
	Purity of Belief	12
	Investigating Knowledge	13
	Knowledge of the Rise and Fall of Aggregates	14
	Stream-Winner and the Like	14

NO.	CONTENTS	PAGE
	Arahatship through Alms-giving	16
	Arahatship through Insight-Meditation	17
8.	No Yearning for Death nor for Life	18
9.	Rebirth is Dependent on Craving	22
10.	No Craving, No Rebirth	23
11.	Like a Flame Extinguished	24
12.	The meaning of Nibbāna	26
13.	The Meaning of Santi	29
	Kilesa Vaṭṭa	29
	Kamma Vaṭṭa	30
	Shun the Ignorant	32
	Vipāka Vaṭṭa	34
14.	Round and Round	35
15.	How to Escape from the Three Rounds	38
16.	Annihilation of Existence	41
17.	Sammāsa Sutta	43
18.	Like Unto the Stump of a Palm-tree	44
19.	Nibbāna-happiness	45

NO.	CONTENTS	PAGE
20.	True Bliss	47
21.	First Jhānic Bliss is Better than Happiness Derived from Sensual Pleasures	49
22.	Different Stages of Jhānic Bliss	50
Part II		
23.	Sankhāra and Nibbāna	55
	(1) Uppāda and Anuppāda	55
	(2) Pavatta and Appavatta	57
	(3) Nimitta and Animitta	59
24.	Signlessness Felt through Bhaṅga Ñāṇa	60
25.	Nibbāna: Its Characteristics, Functions and Manifestations	63
26.	Nibbāna is Formless	63
	(4) Āyūhanā and Anāyūhanā	65
27.	Kamma-actions Do not Cease without Exertion	67
28.	The Flesh is Prone to Evil	68
29.	Where Kusala is Wanting, Akusala Dominates	70

NO.	CONTENTS	PAGE
30.	Arahats Never Abandon Kusala Kammas (5) Paṭisandhi and Appaṭisandhi	71
31.	Three Loads	74
	A. Kilesā Load	74
	B. Abhisankhāra Load	75
	C. Khandhā Load	76
32.	Uploading All Burdens	78
33.	The Cord of Existence	78
34.	Five Faculties of the Senses	80
35.	Cessation of Lust	81
36.	Anupādisesa Nibbāna	83
37.	Two Noteworthy Verses	84
Part III		
38.	The Hymn	89
39.	The Story of Bāhiyadāruciriya	91
40.	Just See as You See It	93
41.	Bāhiya Became an Arahat	100

NO.	CONTENTS	PAGE
42.	The Eye and Visual Perception	101
43.	The Ear and Auditory Perception	103
44.	The Nose and Olfactory Perception	104
45.	The Tongue and Gustatory Perception	104
46.	The Body and Tactile Perception	105
47.	The Mind and Perception of Ideas	106
48.	Cessation of Āyatana is Nibbāna	107
49.	Fixing the Mind on Nibbāna	108
50.	Right Method of Practice	109
51.	Sense of Disgust	112
PART IV		
52.	Respectful Attention	116
53.	The Attentiveness of a Female Spirit	117
54.	About the Nature of Nibbāna	120
55.	Nibbāna is Real	121
56.	No Primary Elements in Nibbāna	122

NO.	CONTENTS	PAGE
57.	Matter non-existent in Nibbāna	123
58.	Absence of Mind dependent on Matter	124
59.	Absence of Arūpāvacara Citta	125
60.	Absence of Both Mind and Matter in Nibbāna	127
61.	Nibbāna is Beyond All Worlds	128
62.	Attributes of Nibbāna	130
	Nibbāna has no mass	130
	Nibbāna is Deathless and Birthless	130
	Nibbāna has no Abode	130
	No Occurrence of Nāmarūpa	131
	Nibbāna Offers you no Sense-objects	131
	Nibbāna Means the End of Suffering	132
63.	Rohitassa Sutta	132
64.	You cannot Walk to the End of the World	132
65.	Sufferings End with the End of the World	133
66.	Four Noble Truths Reside in the Body	134
67.	The Universe Within Us	135

NO.	CONTENTS	PAGE
68.	Meditating on Four Elements	139
69.	An Easy Step in Meditation	140
70.	Suffering and Its Cause Become Manifest during Ideation	145
71.	Discovery of Nibbāna Where the Universe Ends	151
72.	Appatiṭṭha, No Foothold	154
Part V		
73.	Cessation of Craving	156
74.	Let me Consider it	157
75.	Loth to Earn Merit for Nibbāna	158
76.	Maung Kāla	159
77.	A Stream-winner far Excels a Universal Monarch	162
78.	Also Excels a Deva or a Brahmā	163
79.	Also Excels the King of Brahmās	165
80.	Beings in Sensuous Spheres Dislike A Brahmā's Life	166

NO.	CONTENTS	PAGE
81.	Beings in Form Spheres Dislike the Absence of Form or Body	167
82.	Craving has no Affinity for Nibbāna	168
83.	The Noble Truth of Cessation of Suffering	169
84.	The Four Upadhis	171
85.	Nirodha as Expounded in Kevaṭṭa Sutta	173
86.	About Miracles	177
87.	Psychic Powers	178
88.	Magical Powers	180
89.	Knowledge of Other People's Thoughts	181
90.	Power of Dispensation	183
91.	Where Does Cessation Take Place?	184
Part VI		
92.	Nibbānic Peace is Real	188
93.	Mahā Pajāpati Gotamī	189
94.	King Suddhodana and Queen Gotamī Became Stream-winners	194

NO.	CONTENTS	PAGE
95.	Cousin Nanda and Son Rāhulā	196
96.	Parinibbāna of Suddhodana, the Arahat	198
97.	Admission of Women into the Order	198
98.	Ānandā Intervened	199
99.	Permission Granted	200
100.	Parinibbāna of Gotamī Therī	202
	Her Tribute to Buddha	205
	Three Gāthās which Can Bring Blessings	206
	Obeisance to Sanghas	210
	Gotamī Therī Comforted Ānandā	213
	Miracles of Gotamī Therī	216
	The Last Request	217
	The Parinibbāna	218
101.	In Praise of Nibbāna	220
102.	Buddha's Exhortation	223