

Chapter I

*Introduction to Vinaya*

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- (1:1) The classification of Piṭaka  
(1:2) Three Piṭakas and Five Nikāyas  
(1:3) Three Main Divisions of Vinaya Piṭaka  
(1:4) The Lifeblood of Sāsana  
(1:5) The Objectives of the Vinaya  
(1:6) The Meaning of the Word 'Vinaya'  
(1:7) The Need to Promulgate the Vinaya rules  
(1:8) Three Verses of Ovādapātimokkha  
(1:9) Pātimokkha  
(1:10) The Training Rules in the Pātimokkha  
(1:11) Six Fundamental Causes of Falling into Offence  
(1:12) Mahāpadesa (The Four Great Standards)  
(1:13) Āpatti, Offence  
(1:14) Eight Types of Upasampadā  
(1:15) Abhabba Puggala  
(1:16) Eleven types of Sīmavippatti  
(1:17) The Place where sikkhāpada was promulgated  
(1:18) Four types of Adhikāraṇa  
(1:19) Seven Methods and Techniques of Settling Disputes (Satta-adhikāraṇasamatha)

Chapter II

*Procedure for Ordination (Pabbajjā-vidhi)*

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- (2:1) The Story of the Outbreak of plague  
(2:2) The Ability to Scare a Crow  
(2:3) Qualifications for Ordination:  
(2:4) Essential factors to become a novice (Sāmaṇera)  
(2:5) Some Buddhist rites for Sāmaṇera- Ordination

- (2:6) Offering the yellow Robe to the preceptor  
(2:7) Asking back the yellow Robe(from the preceptor)  
(2:8) Asking for Novice hood  
(2:9) Asking for ten precepts  
(2:10) Paying Homage to the Buddha  
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(2:12) The Ten Precepts  
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(2:14) Reflection on the four Requisites  
(2:15) Ten Offences worthy of Excommunication (Līnga-nīšana)  
(2:16) Ten Offences worthy of Punishment (Daṇḍa-kamma)

Chapter III

*Four kinds of resources (Cattāro-nissayā)*

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- (3:1) The requisite of Alms-food (Piṇḍpāta-Nissaya)  
(3:2) The requisite of Robe (Cīvara-Nissaya)  
(3:3) The requisite of dwelling place (Senāsana-nissaya)  
(3:4) The requisite of urine as medicine (Pūtimuttabhjesajja)  
(3:5) The Eight Kinds of Requisite

Chapter IV

*The four important training rules*

*(Cattāro Akaraṇīyā or Pārājikā)*

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- 5:1) The First Pārājika sikkhāpada  
(5:2) The second Pārājika sikkhāpada  
(5:3) The third Pārājika sikkhāpada  
(5:4) The fourth Pārājika sikkhāpada

Chapter V

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(6:2) Sikkavissatthi Sikkhāpada  
(6:3) Kāyasamsagga sikkhāpada

- (6:4) Duṭṭhullavācā sikkhāpada  
(6:5) Attakāmapāricariya sikkhāpada  
(6:6) Sañcaritta sikkhāpada  
(6:7) Kuṭikāra sikkhāpada  
(6:8) Vibhāra sikkhāpada  
(6:9) Paṭhamaduṭṭhadosa sikkhāpada  
(6:10) Dutiyaduṭṭhadosa sikkhāpada  
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(6:15) Conclusion  
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Chapter VI

*The classification of Training Rules*

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- (4:1) The training rules concerning robe (Cīvara)  
(4:2) The Sikkhāpadas concerning food  
(4:3) Sikkhāpadas concerning Dwelling places  
(4:4) Sikkhāpadas concerning Medicine  
(4:5) Sikkhāpadas concerning communication with Bhikkhunīs  
(4:6) Sikkhāpadas concerning communication with women  
(4:7) In Sekhiya 26-Sikkhāpadas that should be practiced to become the proper appearance  
(4:8) 30-Bhojanapaṭisaṃyutta sikkhāpadas  
The rules that should be practiced concerning alms-food  
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The rules that should be practiced concerning preaching Dhamma  
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Chapter VII

*Uposathavidhi (The procedure of observance)*

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(7:2) The Specific Sīmās in brief  
(7:3) Pārisuddhi Uposatha (for gaṇa)  
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(7:6) The preliminary duties before doing Uposatha  
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(7:8) Ten emergencies or dangers  
(7:9) The best way how to abbreviate the recitation of Pātimokkha  
(7:10) The sample way of how to act Uposatha performed by two monks  
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Selected Bibliography