



Preface

This work entitled "Fundamental Abhidhamma" makes the *Abhidhamma* easy to be comprehended. It follows the style of the *Abhidhammatthasaṅgaha* (Compendium of *Abhidhamma*), a work of Venerable Ācariya Anuruddha, who is believed to have lived around the eighth century A.D.

"Fundamental Abhidhamma" is not a translation of the *Abhidhammatthasaṅgaha*. It tries to brief only important points of the *Abhidhamma*. Like "*Abhidhammatthasaṅgaha*", this work comprises nine chapters. Some changes, however, have been made according to the order of the chapters.

The following is the brief outline of the chapters.

Chapter 1 elucidates the nature of *Paramattha* and *Paññatti* and analyses the consciousness.

Chapter 2 deals with the enumeration of mental states and its association with the consciousness.

Chapter 3 sheds light on the material qualities, their conditions, formations and the occurrence of the material groups.

Chapter 4 describes the classification of the consciousness in accordance with the feeling, the root, the function, the door, the object and the base.

Chapter 5 highlights the mental process classifying them as active and passive.

Chapter 6 clarifies *Kamma* and Rebirth in the thirty-one planes of existence.

Chapter 7 explicates the "Law of Causality" in two ways '*Paṭiccasamuppāda*' and '*Paṭṭhāna*'.

Chapter 8 gives guidelines for the two types of meditation techniques: '*Samatha*' and '*Vipassanā*'.

Chapter 9 serves as the index of Buddhist technical terms and its categories in *Abhidhamma* and *Suttanta*.

In conclusion, it is the expectation of the compiler that this work will offer its learners the Fundamental knowledge which enables one to attain the analytical knowledge of mind and matter (*Nāmarūpaparicchedaṇāna*) and the knowledge of causality (*Paccayapariggahaṇāna*) which are essential for one to become a true Buddhist.

May the readers be able to savor the taste of *Abhidhamma*

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